

Bokken Aikido

Στασεις

- Jodankamae
- Chudankamae
- Gedankamae
- Hassokamae
- Wakikamae

Suburi

- Kihon Uchikomi - Ichi-no-Suburi
- Jodankamae Uchikomi - Ni-no-Suburi
- Wakigamae Uchikomi - San-no-Suburi
- Fumikamae Uchikomi - Yon-no-Suburi
- Kirikaeshi Uchikomi - Go-no-Suburi
- Kirikaeshi Uchikomi Tsuki - Roku-no-Suburi
- Kihon Uchikomi Fumikomi Tsuki - Nana-no-Suburi

Bokken - Bokken

- Bokken Awase (1-7)
- Kummi Tachi (1-5)
- Kummi Tachi (10 διαφορετικά Ken)
- Kummi Tachi (10 διαφορετικά Tai)
- Ki-Musubi-No-Tachi